## Junior Sailing Cedar Point Yacht Club 1 Bluff Point Westport, CT 06880 203-226-7441

www.cedarpointvc.org



A lifelong sport and activity which teaches children independence, resilience and leadership skills, sailing provides developmental benefits that are unequalled in most youth summer camps. Above all, it is a FUN way to spend a summer!

The sailing program at Cedar Point Yacht Club allows children and teens to experience the joy of sailing and the thrill of sailboat racing. Cedar Point's active approach to teaching has participants on the water together nearly every day having fun and creating camaraderie and long lasting friendships. Sailors learn to independently rig and sail their own boats, help one another and respect the weather and environment. As boat handling skills progress, they begin learning how to race.

Sailors who are excited by racing may compete in a variety of junior regattas throughout the season. Many of our sailors receive awards each summer and a number go on to sail in college. From age 14-18, participants may apply to our Jr. Big Boat yacht racing program. Sailors from this program have been invited to race in prestigious events such as The Vineyard Race and Block Island Race Week.

With or without racing, sailing is a FUN, lifelong activity that develops important skills and lasting friendships! Join us this summer!

1 Week programs for 7 year olds 4 and 8 week programs for 8 to 18 year olds

Registration for non-members begins March 1, 2017. Email us early at cpycprograminfo@gmail.com to discuss enrollment. Visit our website and click on "Junior Sailing" for general information.