

# Master Na's Traditional Martial Arts School

Ridgeway Shopping Center  
2109 Summer Street  
Stamford, CT 06905  
**203-724-9592**  
**www.stamfordtma.com**



Traditional Martial Arts is a martial arts community of instructors and students who are striving to improve the physical mental and social aspects of their lives. We place a strong emphasis both on physical and personal development of our students. We work together with students and parents to define goals and become the best person that the student is capable of becoming.

## Master Na's Leadership Martial Arts Camp

Our coed Leadership Camp for ages 4-13 will run for 5 weeks, from July 22nd to August 23rd from 9:00 a.m. to 3:30 p.m. Extended times are available; more information will be provided upon request.

Our summer camp program serves as an introduction to martial arts with extra attention to training. Not only do we teach self defense but we also have different activities incorporated throughout the day such as visits to the library and local parks to provide exposure to literature and community resources Stamford has to offer. This is a wonderful kick start to the new school year!

*Programs & Packages All Year Round: Little Tigers • Children • Adult • Family*

## Martial Arts Birthday Party

In our experience, kids of all ages love martial arts. Our birthday parties are supervised by professional martial arts instructors from beginning to end. Kids won't be bored or run around wild. We structure each party with fun activities, which always include learning something new. Kids attending the party will leave with a boost of self confidence and a fun story to tell!