

NEXT DIMENSION GYMNASTICS

25 Lindeman Drive, Trumbull
203-372-3222

www.ndgymnastics.com



We offer classes from 6 months to 17 years of age. Our fully air conditioned, 15,500 square foot facility has world class training equipment for both boys and girls from the earliest classes for beginners to training national caliber gymnasts.

Children build athletic skills and confidence, while the staff encourages self esteem and skill development. Our coaches are regionally and nationally recognized with many years of combined coaching experience.

With Parent & Tot, preschool and after school classes, competitive teams and the world's best birthday parties, Next Dimension offers more classes to choose from than any other gymnastics center in Fairfield County!

Gymnasts also use our 20-foot high rock climbing wall and our three huge inflatables!

Sign up today, so you don't miss out on all the fun!